

The colour dance

Learning objectives

- Unblocking
- Enhancement of the group dynamic, through movement and closeness
- Language acquisition (considering different types of learners)

Number of participants

Minimum: 12


Duration

15 minutes

Material

Flipchart; markers (several different colours); music and speakers; enough space.

Poster

	blau	bleu	niebieski	blue
	gelb	jaune	żółty	yellow
	rot	rouge	czerwony	red
...



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Description

The participants and the game leader stand in a circle. Using the poster prepared beforehand, the colours are repeated about three times in each language of the seminar. To do so, the game leader can ask a person of each language group to read the words out loud, which is a good way to involve the participants in the game.

Following this, the game leader explains that music will be played. The participants will move around the room and can dance if they wish so. When the music stops, a colour is called out and each person must touch a piece of clothing of this colour (they can't touch their own clothes).

It is important to maintain a respectful behaviour. When the music starts again, the participants resume dancing until the music stops once more, etc.

During the activity, the participants can also announce a colour when the music stops. In order to maintain the dynamic, it may be relevant to introduce a rule such as: „The last person to touch a colour will announce the next one“. Two or three colours can be called out at the same time, but never in the caller's mother language.

The end of the activity is announced before the last round.

Variants

- It is possible to make the task broader, by saying that the participants can touch clothing or „objects that are present in the room“. Each person can then decide what is an acceptable distance for him or herself.

- It is also an option to introduce the sentence „I can see what you can't see and it's... blue!“ (maybe during the second exchange, when the participants have already learned a few words).



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Observations

- Some participants may be uncomfortable with the physical closeness that happens during the activity. The game leader must make sure that the activity is adapted to the group and it can't be implemented at the beginning of the exchange.
- Alternative: see variants
- Distribution of roles in the team: one person must be responsible for music.

