



EYE BLINKING



Goals

**Ice-breaking
Unblocking**

Target group

All groups

Number of participants

No specific number

Duration

3 to 5 minutes

Equipment

No equipment

Technicalities

Select the "gallery view" on the screen in order to see all participants. Both the teamer and the participants need to see the entire group.

Exercise description

The teamer asks the participants to get closer to screen so their eyes are clearly visible. Then they have to keep their eyes open, staring into the camera, for the longest time possible. Every time a person blinks, they are eliminated and step back to make it easier to see who is still in the game. The last person who hasn't blinked is the winner.

You can divide the participants in pairs, and each pair plays the game together, then the winners of each pair are divided into new pairs and play together, ect.. until there is one person final winner.

Other Versions