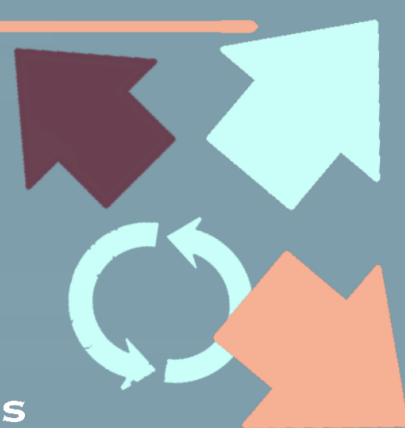


THE DIRECTIONS



GOAL

- Unblocking
- Group dynamics
- Language acquisition

TARGET GROUP

Any

NUMBER OF PARTICIPANTS

Min 5 participants

EQUIPMENT

Visual support document showing directions in the different languages

TECHNICALITIES

Screen share

DURATION

15-20 min

EXERCISE DESCRIPTION

The facilitator has prepared a visual on which the following terms are written in the different languages used:

Forward - Backward - left - right - Rotation

and shares their screen with the group so everyone can see the words.

The facilitator starts by reading the different words in their mother tongue, then asks another colleague or participant to read the words in another language, provided that this is their mother tongue. The others must repeat the word 3 times (twice with the microphone off and once with the microphone on).

Once all the words in all the languages have been read, the facilitator stops sharing their screen (maybe sending the words in the chat so that participants can still access them) and asks the participants to stand up if they feel comfortable doing so, otherwise they can remain seated. Ideally, everyone is in gallery or grid view.

The facilitator begins by explaining the instructions: each time, someone will choose a direction, say it out loud and do the corresponding gesture. The other participants will always repeat the same word as well as imitate the gesture and/or take a step in that direction. It is important that the words must be said in a language other than the person's native language in order to be able to practice and learn. It is possible to mix languages. Each person has the option of saying 3 to 4 directions, then they call the name of another person, who will then be the one to say and make new directions.

OTHER VERSION

It is possible to add more vocabulary, for instance "up/down". You can also choose to play first in one language and then in another, depending on your group's relation to language.